**Caregiver: About Our Family**



A brief note about you and your family can go a long way towards parents feeling better about their child’s safety and well-being. This simple gesture can help avoid some of the fears and feelings of conflict between parents and foster caregivers.

Please take a few minutes to write a brief note to the parents of the child who has been placed with you. The goal of this note is to share a few things about your family to help parents understand that their child is safe and being well cared for by people that respect the child’s parents. This list below contains some things you may want to include in your letter to help reassure parents:

* A few things your family

does for fun

* A non-identifying description of your neighborhood
* Refer to the child as “your” (the parent’s) child
* How long you have been

foster parents

* How the child is doing in

your care

* Update on doctor’s appointments
* Update on school (if applicable)
* Where the child is sleeping
* That you will keep their

child safe

* You support them being reunified with their child/children
* A way to contact you (if you are open to ongoing contact)
* Photos you are comfortable sharing with parents (child’s bedroom, pets, etc.)

Adapted from MAPP training https://www.gomapp.com/