

## What's a social story?

Sudden changes in a child's daily routine can bring a lot of stress. Reading a social story can help adults explain a complex subject using age-appropriate language to help children understand a given situation. This social story is a tool you can use to explain what coronavirus is, why we need to stay at home, and what things might be different as a result.

## What do I need to do?

Print all the pages and cut each page in half so that there is one image per half page. Make sure the pages you include in your book are representative of your current situation. For example, if only mom is working from home in your household, you can omit the page of dad working from home.

## How do I use it?

Read this social story often to ensure your children understand it. Pause after each page to ask or answer questions.

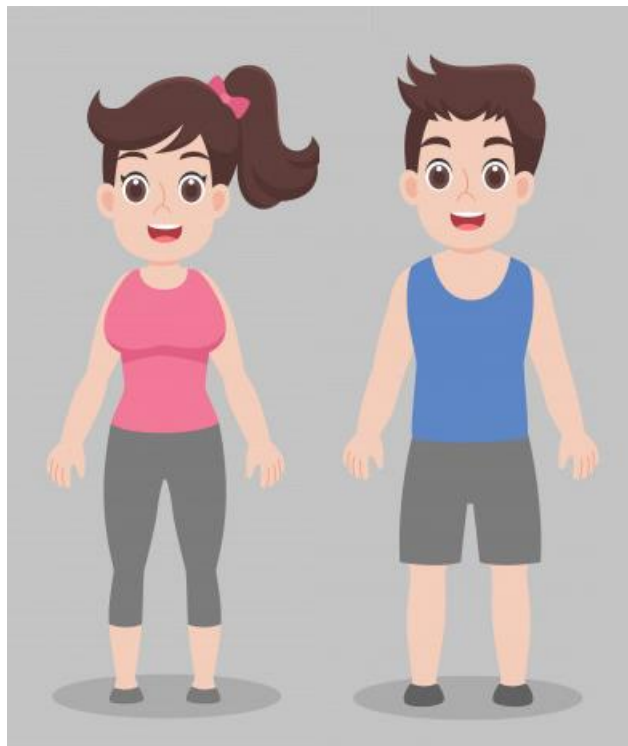


# Coronavirus: A Social Story

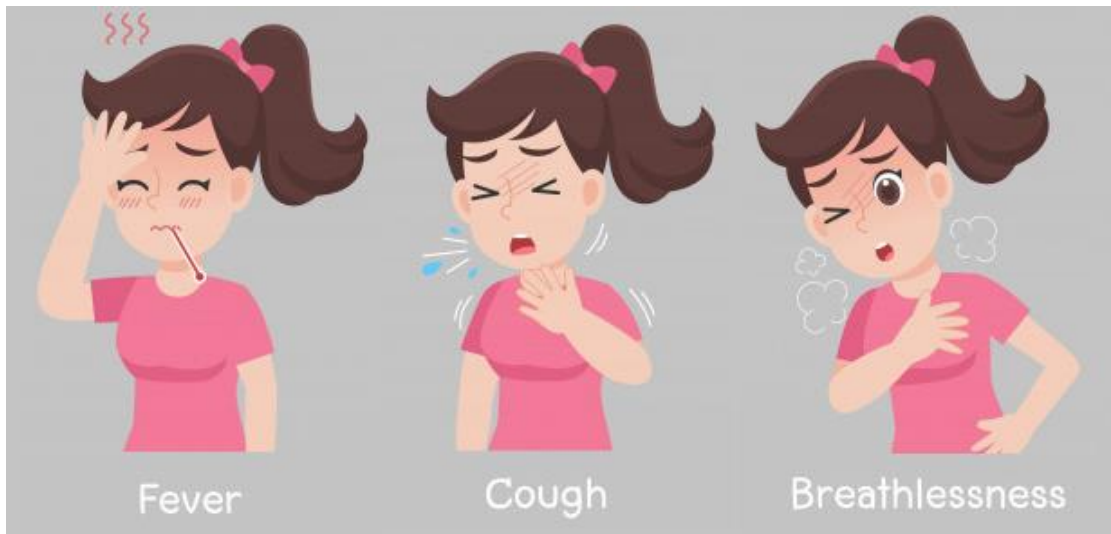
By Alexandra Martin-Truesdell | Illustrations by doctorfp on [freepik](https://www.freepik.com)



A coronavirus is a bad germ that can make some people sick.



Not everyone will get sick.



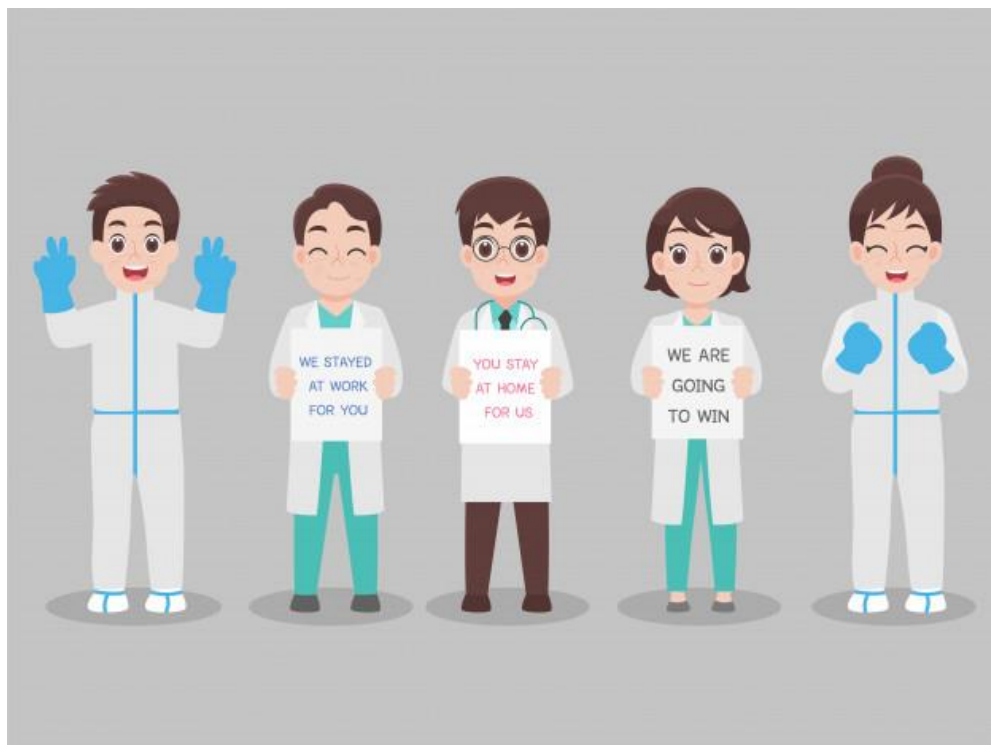
Most people who get sick will only feel a little sick.



But some people will get very sick and need to go to the hospital.



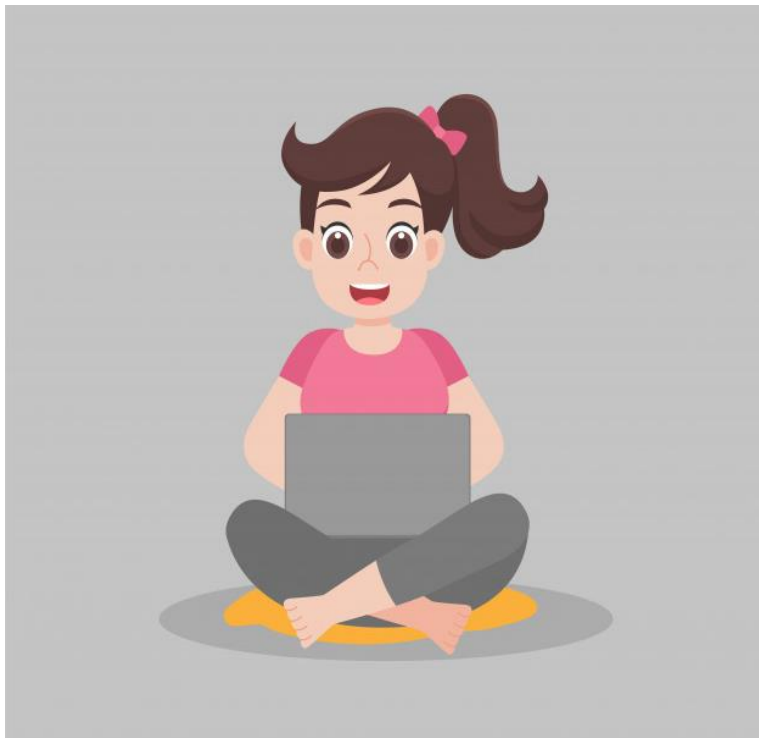
When many people are too close together they might get sick.



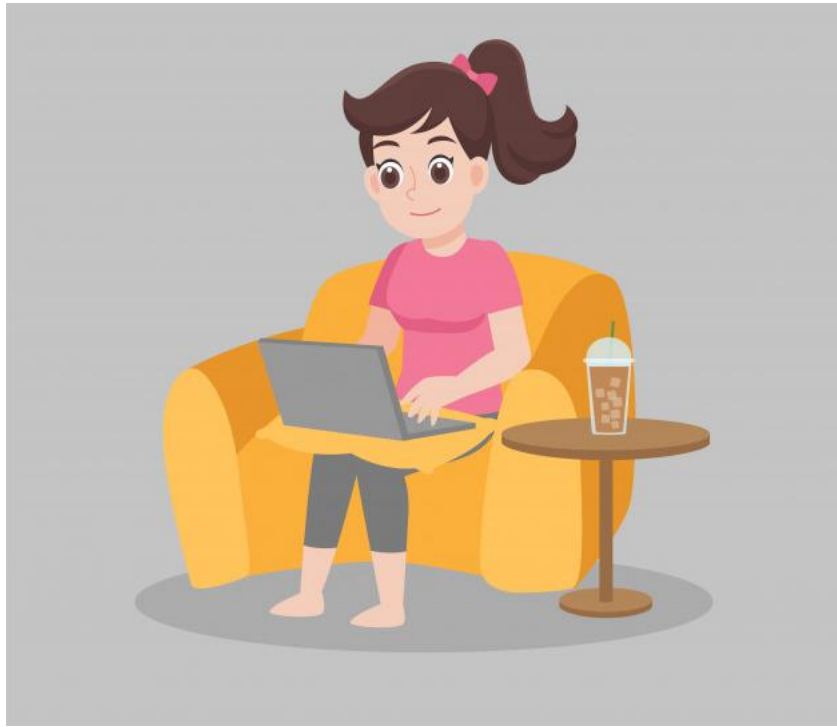
If we stay home we can help others not get sick.



I can help not getting others sick by washing my hands with water and soap!



Things might be a little different for a while...



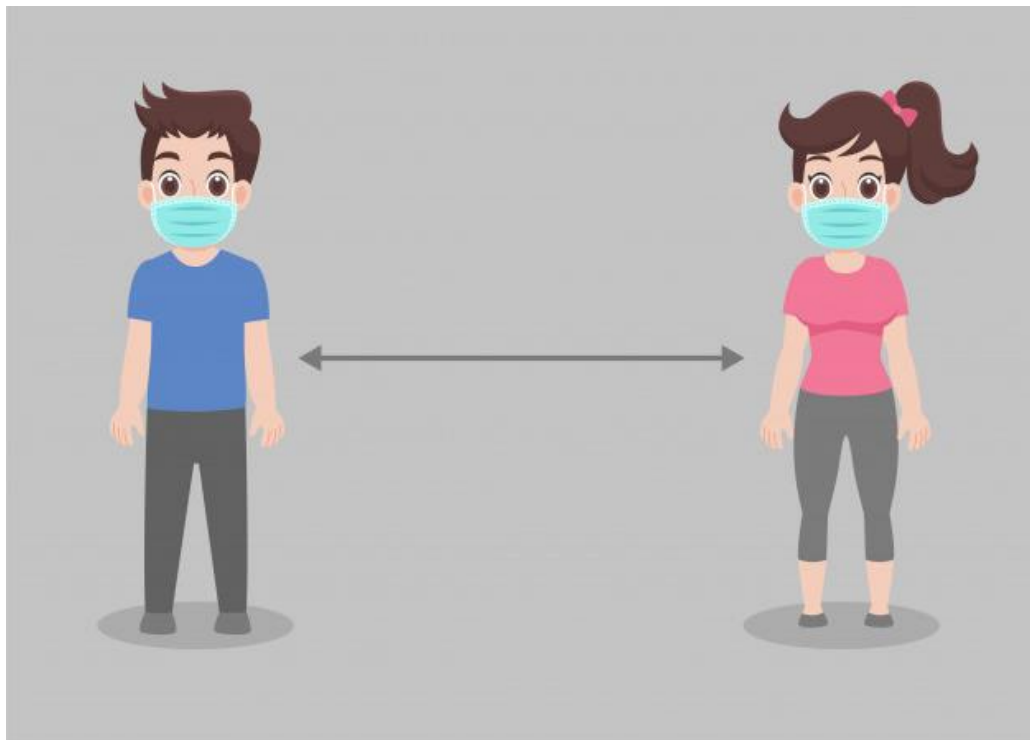
Mommy might be working from home.



Daddy might be working from home.



I might see family, friends, or teachers on the computer.



I might see people outside wearing masks and not standing close together.



Doing all these things helps keep everyone healthy.



This won't last forever – together we can help others not get sick!