

# Parents for Parents

## Dependency Class Topics

NAVIGATING DEPENDENCY

COMMUNICATION

VISITATION

GOAL SETTING

RESOURCING

EDUCATION

EMPLOYMENT

BUDGETING

CHILDCARE RESOURCES

FAMILY LAW

Due to the current circumstances regarding COVID-19, the Parent Allies are not available to meet with parents face-to-face. **However, parents still have access to our support during this time. Our program is available by phone Monday through Friday 8:30 am - 4:30 pm.** We will continue to provide encouragement and hope along with information and resources to help get through this difficult time.

If you have any questions about the Parents for Parents program or would like to participate in any one of our classes and earn a certificate of completion, **please call the Shawn Powell, Parents for Parents Program Coordinator at (206) 263-3174 or email [spowell@kingcounty.gov](mailto:spowell@kingcounty.gov)**

**We are currently offering the following classes by phone:**

**Dependency 101** is a two-hour session designed to educate parents about the dependency system and help parents learn to navigate it. After completing this class, parents are eligible to attend Dependency 201 and 301 classes.

**Dependency 201** is a five-week course designed to offer continued mentoring and resource support throughout the dependency case. It covers a variety of topics geared towards empowering and educating parents on continued success in a dependency case. Parents can choose to join one or all five of the courses offered.

**Dependency 301** is a 5-week course designed to offer continued mentoring and resource support throughout the dependency case. 301 Topics are designed to help parents address common barriers they may experience later in the dependency process. Parents can choose to join one or all five of the courses offered.

Class times can be flexible and arranged to fit your schedule.