

# Early Support for Infants and Toddlers



Early Support for Infants and Toddlers (ESIT) services use **Evidence-Based Practice (EBP)** to support the developmental growth of young children birth to three years old. They are designed to enable young children to be active and successful during early childhood and in the future throughout a variety of settings—in their homes, in child care, in preschool or school programs, and in their communities. The program supports families with information and skills to ensure they are supported as the most critical influence on their child's early learning and development.

<https://www.dcyf.wa.gov/services/child-development-supports/esit>

## KEY COMPONENTS OF SERVICES

WHO WE SERVE	ESIT services are used by many families in our community and are separate from child welfare services. For children in out-of-home care, services are available to both their parents and current caregivers.
FAMILY-CENTERED	Parents set goals for their child and family with support from the team and this is written into the Individualized Family Service Plan (IFSP).
STRENGTHS-BASED	Providers join with parents to identify and build-upon strengths of their child.
CHERISH™-trained PROVIDER TYPES	There are a variety of services available depending on the child's needs including Speech Therapy, Occupational and Physical Therapy, Early Education, Social Work, and Family Resource Coordination.
CHERISH™ & RELATIONSHIPS	For the benefit of the child's well-being, CHERISH providers seek to build and maintain positive relationships between parents, caregivers, and professionals from the beginning to the greatest extent possible.
PLAY, PRACTICE, SUPPORT	Sessions can include play, practice, and support for the parent. Considering all the key components of birth-to-three services, it is common for sessions to look different across families.

For additional information about the CHERISH program, visit our website.